

Mantras for Cultivating Shakti: A Sadhana for Our Time

**Yasyonmesha nimeshabhyam jagatah pralayadayau
Tam shaktichakra vibhava prabhavam shankaram stumaha**

We praise Shankari (Shakti) , the source of the power of the circle of Shaktis.
When she opens and closes her eyes, the universe dissolves and arises.

**Sarva mohinyai vidmahe
Vishva charanye dhimahi
Tanno shakti prachodayat**

May we know Her who enchants the universe
May we meditate on Her in whom all beings take refuge
May Shakti bless us

**Sarvamangala mangalye
Shive sarvatra sadhike
Sharanye tryambhake gauri
Narayani namo stute**

O supremely auspicious one,
Eternally united with Shiva
O golden one
Giver of boons, refuge of all beings,
Adorned with the eye of supreme wisdom
I bow to you.

Aum Hreem Shreem Dum Durgaye Namaha

(Infinite Consciousness, Manifestation, Auspiciousness, Destruction of Obstacles,
Divine Mother Durga, Surrender)

I bow (surrender) to the infinite consciousness, the Goddess Durga, who
manifests universes, who is the embodiment of auspiciousness, and who
removes all obstacles.