

Mantras for Loving Your Way to Awakening Telecourse

***Om chaitanyam shaashvatam shaantam
Vyomaateetam niranjanam
Naada bindu kalaateetam
Tasmai shreegurave namah***

Om. The Guru is consciousness, eternal, peaceful, beyond space, stainless, beyond all levels of awareness, including divine vibration (nada), supreme light-form (bindu), and the seeds of manifestation (kalaa). I bow to that Guru.

***Mookam karoti vaachaalam
Pangum langhayate girim;
Yat kripaa tamaham vande
Paramaananda maadhavam***

I adore the sweet one (Krishna), the source of supreme bliss, whose grace makes a dumb person eloquent and a cripple cross mountains!

***Sarvamangala mangalye
Shive sarvatra sadhike
Sharanye tryambhake gauri
Narayani namo stute***

O supremely auspicious one. Eternally united with Shiva. O golden one Giver of boons, refuge of all beings. Adorned with the eye of supreme wisdom. I bow to you.

***Om devyai brahmanyai vidmahe
Mahaashaktyai cha dheemahi
Tan no devee prachodayaat***

Om. May we know the Goddess Brahmani, the absolute Consciousness. May we meditate on the great Shakti. May Goddess illumine and enlighten us.