## **Opening Mantras**

The Splendid Path: Discovering Your Own Enlightened Consciousness through the Shivas Sutras

July-August 2019

## 1. Ganesha Mantras

Om gam ganapataye namah

Vakra tunda mahaakaaya Koti Soorya sama-prahbhaa Nirvighnam kuru me deva Sarvakaaryeshu sarvadaa

Om! Lord Ganesha of huge body and crooked trunk. You shine like billions of suns, O god, bestower of All! May it please you to remove all obstacles from our practice.

## 2. Shiva Mantras

**Mahamrtunjaya Mantra** (Invocation to the Great Conqueror of Death)

Om tryambhakam yajaamahe Sugandhim pushtivardhanam Urvaarukam-iva bandhanaan Mrtyor muksheeya maamrtaat

We worship the three eyed Lord through fragrant offerings into the fire that increases prosperity. Free us from the grip of death just as the cucumber is severed from the creeper. Do not keep us away from the nectar of immortality.

## 3. Invocation to the Primordial Goddess

Sarva mangala mangalye Shive sarvatra sadhike Sharanye tryambhike gauree Narayanee namo stute **Dakshinamurti Shloka** (Invocation to Shiva as the Guru)

Gurave sarvalokaanaam Bhisaje bhavaroginaam Nidhaye sarvavidyaanaam Dakshinaamoortaye namah

I bow to the Guru of all worlds
To the physician who cures all worldly ills
To the ocean of all wisdom
To Dakshinaamoorti Shiva, the lord who
initiates us into the highest wisdom.

I take refuge in She who is the auspiciousness of all that is auspicious, Who is always united with Shiva
To Gauri, the three-eyed shining one, to Narayanee, I bow.